COMPREHENSIVE STUDENT NUTRITION INFORMATION AT YOUR FINGERTIPS

Your district’s SodexoMyWay website has been integrated with our meal nutrition software. What does this mean for you?

✓ Menu, Nutrition, and Allergen information are found in one easy-to-navigate location, allowing students and families to tailor meal plans to meet their dietary needs.

HOW IT WORKS:

1. Use the date picker to select the day of the week you’d like to view.

2. Applicable menus will display by category, i.e., Breakfast, Lunch, Supper, Snack. Click the blue plus sign next to each available category to expand the view.

3. Allergens are clearly indicated with icons in red next to each menu item.

4. Click on an item’s calorie amount to view a complete nutrition label.

5. Important Note:
   - Some menu items are displayed with nutrition that’s inclusive of all possible combination options. These items are marked with an *.
   - Click the calorie count next to any recipe.
   - View the combined nutrition call-out at the bottom of the label.
   - Click on each ingredient to view a separate nutrition label.
   - Calculate the custom nutrition for the selected item.

Stay up-to-date on student nutrition! Visit your district’s SodexoMyWay website today.